



GREATER SEATTLE AREA CHRONIC ILLNESS MENTAL HEALTH PROFESSIONALS

This is a list of therapists and counselors who provide individual, couples, and family counseling for those living with health challenges. Some areas of focus are included. Please note, not all therapists are taking new clients at all times and their information may not be up-to-date, so please reach out to the therapist to obtain current information. Please also contact therapists for information on which insurance plans they accept. **The * in the location column indicates the therapist offers HIPPA compliant web-based counseling.**

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For more information, please visit www.thecenterforchronicillness.org

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NAME	CONTACT INFORMATION	WEBSITE	LOCATION	PROFESSIONAL AREAS OF FOCUS
Ayako Aizawa MS, LMHC, GMHS	(253) 503-6761 ayako@ yoursongcounseling.com	www.yoursongcounseling.com	Tacoma, WA	Caregiver concerns, Aging and end of life, Dementia, Mild Cognitive Impairment, Cancer, Parkinson's disease
Danielle Baird, MSW, LICSW	(425) 780-6227 danielle@wholevalleytherapy.com	www.wholevalleytherapy.com	Duvall, WA *	Cancer, ALS, HIV/AIDS, Muscular Dystrophy, Lupus, Celiac disease, Caregiver concerns
Ridley Beierschmitt MSW LSWAIC	(206) 743-7836	www.anchortherapy services.com	Seattle, WA (Crown Hill)	Caregiver concerns, End of life care
Anna Charbonneau, PhD	(206) 899-7533 dr@annacharbonneau.com	www.annacharbonneau.com	Seattle, WA (Fremont)*	Chronic pain, Cancer

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Michelle Desmond, LSWAIC, MSW, MPH	(206) 707-9476 michelle@michelledesmond counseling.com	www.michelledesmondcounseling. com	Seattle, WA (Seward Park)	HIV/AIDS, Reproductive Challenges
Vanessa Dzivakwe, PhD	(206) 329-5255 Ext. 302	www.abhseattle.com	Seattle, WA (Downtown)	Chronic pain, Diabetes, and Cancer
Angela Farrar Small, LICSW, MDiv, MS	(425) 286-8727	www.mindfultherapy group.com/angela-farrar-small-ms w-licsw	Seattle, WA (Northgate) and Kirkland, WA	MS, Parkinson's disease, Cancer, Traumatic Brain Injury, Chronic Kidney Disease, Dementia, thyroid disorders, GI disorders, chronic fatigue, chronic pain
Allison Fine, MSW, LICSW	(206) 226-1097 allison@counselingfor innerbalance.com	www.BalanceMaintains.com	Seattle, WA (Fremont)	MS, Parkinson's disease, Crohn's disease, Ulcerative Colitis, CFS/ME, rare chronic illnesses, other autoimmune disorders

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Marisol Hanley, Ph.D	(206) 854-4269 marisol.hanley@gmail.com	www.seattlepsychology.com	Seattle, WA (Wallingford and Queen Anne)	Chronic pain, chronic fatigue, autoimmune disorders
Kerry J. Heckman, MSW, LICSW	(401) 216-7144 contact@kerryjheckman.com	www.kerryjheckman.com/ therapy.html	Seattle, WA (West Seattle)	Lyme disease, rare diseases, complex illness
Natalie Hopkins, MSW, LSWAIC	(206) 279-9988	www.theseattleclinic.com/ natalie-hopkins-msw	Seattle, WA (Westlake)	Caregiver concerns
Bernice Imei Hsu, Active-Retired RN, LMHC	(425) 200-5271 imei.hsu@gmail.com	www.seattledirectcounseling.com	Redmond, WA *Video and telephonic counseling and consulting only	Food allergies, GI disorders (IBD, IBS, Celiac Disease), Type I Diabetes, Fibromyalgia, Hashimotos, CFS/ME, active individuals with autoimmune disorders

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Issaquah Highlands Counseling Group (Kari O'Neill, MSW, LICSW; Alice Morris, MSW, LICSW; Heather Taylor, MA, LMHC)	(425) 677-8686	www.ihcg.co	Issaquah, WA	End of life care, Palliative care, Cancer, Crohn's disease, MS, Chronic pain, Arthritis
Cassady Kintner, MS, LMFT, MDFT	(206) 858-0247 cassady@cassadykinter.com	www.cassadykinter.com	Seattle, WA (University District) and Bellevue, WA	Diabetes (Type 1 & 2), Ulcerative Colitis, Crohn's Disease, Celiac disease, and IBS, eating disorders related to medical conditions caregiver concerns
Matt Leibsohn, PhD	(425) 453-7722 Matt@NorthwestCounselors.com	www.northwestcounselors.com	Mercer Island, WA and Seattle, WA (Capitol Hill)	Crohn's disease, Ulcerative Colitis
Cheri Lewis, PhD, LMHC	(425) 638-9966	www.cherilewis.com	Bothell, WA	Diabetes (Type I & II), Fibromyalgia, Lyme Disease, Obesity, Parkinson's disease, Rheumatoid Arthritis

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Victoria Lopez, MA, LMHC	(206) 261-6535 vicki@seattlewellnesstherapy.com	www.seattlewellnesstherapy.com	Seattle, WA (First Hill and Queen Anne)	Chronic pain
Michelle Massey, MSW, LICSW, OSW-C	(206) 245-7754 michelle@masseycounseling.com	www.masseycounseling.com	Edmonds, WA and Redmond, WA	Cancer, caregiver concerns
Christopher Miller, Ph.D	(425) 780-7441 dr.christopher.s.miller@gmail.com	www.seattle-city-counseling.com	Seattle, WA (First Hill)	Chronic pain, head injury, MS
Ada Pang, LMFT	(206) 457-3518 ada@peoplebloomcounseling.com	www.peoplebloomcounseling.com	Redmond, WA	Cancer

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Carrie Pope, MSW, LICSW	(425) 970-9732 carrie@carriepopelicsw.com	www.carriepopelicsw.com	Seattle, WA (Fremont)	Dementias, Parkinson's disease, Caregiver concerns, autoimmune, chronic pain, chronic fatigue
Rachael Pursley, LMHCA	(360) 513-3550 rachael.pursley@gmail.com	www.rachaelpursley.com	Seattle, WA (Fremont) *	Cancer, adrenal fatigue, chronic fatigue syndrome (CFS/ME), autoimmune disorders
Alicia Sloan, MPH, MSW, LICSW	(206) 898-0094 aliciasloanlicsw@gmail.com	www.aliciasloan.com	Seattle, WA *	Multiple sclerosis, Cancer, Celiac disease GI disorders, TBI, Thyroid problems, Dementia, Chronic Pain, Allergies, Rare Chronic Illnesses, Caregiver concerns
Wendy Smith, MA, LMHC	(206) 965-8749	www.wendysmith counseling.com	Seattle, WA (Queen Anne)	Physical/sensory disability, visual impairment, eye diseases, life threatening illness

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Rachel Stapleton, LICSW	(253) 880-6278 rachel@stapletoncounseling.com	www.stapletoncounseling.com	Kirkland, WA	Cancer, end of life care, palliative care, Caregiver concerns, chronic pain, muscular dystrophy, chronic fatigue, MS, dementia, thyroid disease, Parkinson's disease
Christeine Terry, PhD	(206) 668-6123	www.uwmedicine.org/bios/christeine-terry	Seattle, WA (Northgate – Seattle Arthritis Clinic and Downtown)	Adjustment to chronic health conditions, anxiety, substance misuse, caregiver stress and depression
Engaging Mindfulness Forging Meaning (Bartja Wachtel, MSW, LICSW, MHP)	emfmbartja@gmail.com	www.emfm.space	Seattle, WA (Northgate and Eastlake)	ALS, MS, Parkinson's disease, Early onset dementias, Traumatic brain injury, Cancer
Catalyst Counseling (Katherine Walter MSW, LICSW, CSW-G, Skye White, MSW, LICSW, Allison Doyle, MSW, LSWAIC)	(425) 998-9769 katherine@catalystcounseling.net	www.catalystcounseling.net	Woodinville, WA	Parkinson's disease, Alzheimer's, FTD, Huntington's disease, and other illnesses with cognitive decline, terminal illness, and autoimmune disorders

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Emily Whitish, MA, LMHC	(253) 263-1418 counseling@emilywhitish.com	www.emilywhitish.com	Gig Harbor, WA *	Autoimmune conditions, Chronic, acute, and terminal conditions, mysterious and rare diseases, caregiver concerns
Shira Wilson- Gross, MA, LMHC	(206) 769-6584 info@seattlewellnesscounseling.com	www.shirawilsongross.com	Seattle, WA (Northeast)	Crohn's disease, Arthritis, Lyme disease, Rare diseases, Chronic pain